Today's Agenda

Welcome and Shared Expectations

Improving Mental Health for *All*

Moving Forward

Welcome

- Introductions
- Overview of Healthy Anne Arundel

Purpose of the Work Group

- Create a work plan to advance relevant portions of the Common Agenda and identify members to accomplish specific action items

- Maintain an active work plan with progress measures that align with the Common Agenda

- To meet, either in person or virtually to discuss accomplishments, upcoming tasks, work plan deliverables, and progress measures.

- Commitment to health equity

" Currently involved in other mental health groups

" Have personally experienced the impact of mental health illness

" Interested in addressing child and youth mental health issues

" Apply practical expertise and resources to serve the mental health needs of county residents

" Passionate about making a positive impact on community health and well-being

DUE·EAST
PARTNERS

4

NORMS AND EXPECTATIONS OF ENGAGEMENT

Work Group Collaboration and Communication

DUE+EAST
PARTNERS

DRAFT

COMMON AGENDA FOR A HEALTHY ANNE ARUNDEL

Healthy ANNE ARUNDEL
Working Together to Promote Health and Wellness

VISION

All people have the knowledge, resources and equitable access to care to improve their own health and well-being

MISSION

Working together to remove barriers and create optimal conditions that improve the health and well-being of *all* people, focusing on people impacted by health inequities.

VALUES

- Equity
- Cultural relevance
- Prevention
- Quality *and* length of life
- Collaboration

FOCUS AREAS

Mental health • Healthcare access • Substance use disorder • COVID-19 • Obesity

PRIORITIES | STRATEGIES | RESULTS

PRIORITIES	STRATEGIES	RESULTS BY 2030
Awareness and access to affordable, timely and quality health care	- County-wide inventory of the resources that exist in both the private and public health systems - Reduce systemic barriers and complexities in the health care system - Community engagement and public involvement in decision-making to advance solutions - Culturally competent community navigators and partnerships - Culturally-relevant role models to engage youth and establish healthy norms - Coordinated, multi-media outreach campaign (health education and resource fairs, bilingual outreach) - Free health clinics in targeted communities and around the county - Broader access to affordable health insurance	- **All communities are healthy and safe** - **Improved physical and mental health and well-being** - **Improved quality of life and life expectancy**
Address social determinants of health	- Coordinate with organizations and collaboratives currently working to address social determinants - Trauma-informed and multi-generational approaches - School-based early education on social determinants and health outcomes - Broaden access to healthy food (i.e. food vans, farmers markets, community-based food pantries) - Transportation (improve walkability to care) - Universal Wi-Fi for telehealth and technology to improve access to information and connections to care - Economic stability	
Eliminating systemic racism and inequitable health outcomes	- Echo and amplify county-wide public stance denouncing racism - More equitable policies that impact health outcomes (state/federal insurance) - areas/groups with biggest barriers - Adaptive systems to respond to changing community needs - Funding/grants for specific populations in need of health care - Multidisciplinary, team-based, care approach to identify disparities and ensure data is representative - Collect and share disaggregated, community-level data (zip code, race/ethnicity, income) to identify gaps - Training and education for health providers to strengthen cultural competency - Provider evaluation/accountability for improved and more equitable health outcomes	

Issue Areas

Diabetes

COVID-19

Obesity

Substance Use Disorder

Health Care Access

Suicide

Gun Violence

Root Cause

Systemic racism

Educational and economic inequity

Breakdown of family norms

Organizational belief systems

History of redlining in Anne Arundel County

Fear

Power imbalance

Structural inequities

Trauma

Cultural and societal norms

Lack of Opportunity

Cultural and social stigmas

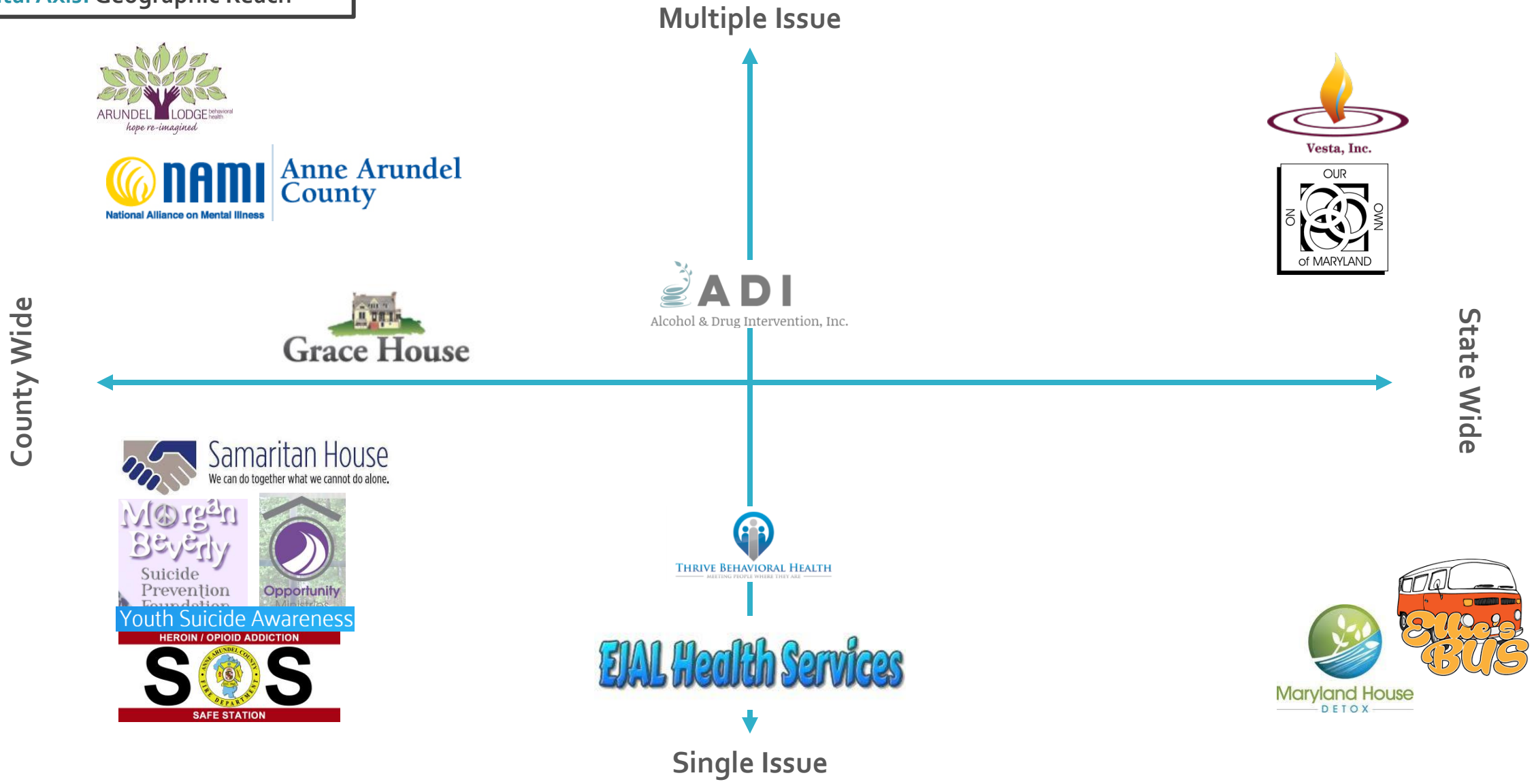Inconsistent dissemination of information

Focus Areas for the Work Group

Breakouts (15 mins)

- Discuss root causes related to mental health
- Confirm/update areas of focus

Report back (10 mins)

Additional information needed for Action Planning

Moving Forward

- Who's not in the room that should be?
- Future monthly meetings
- Action Items
- Closing

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Health and Wellness