



Anne Arundel County  
Department of Health

# **Healthy Anne Arundel Coalition**

## ***Mental Wellness Workgroup***

**June 9, 2021**

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**9:00 – 9:10 am**

**Welcome and Agenda Review**

- Introduction
  - Review of roles
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**9:10 – 9:45 pm**

**Group Priorities and Objectives**

- Review of main priority areas from last meeting
  - Introduction and overview of network of care (Adrienne's Office)
  - Priority areas – in depth
    - Communication Strategy / Promotion of Anne Arundel County Network of Care
    - Enhancing the Anne Arundel County Network of Care
    - Community Engagement
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**9:45 – 10:00 am**

**What's Next**

- Chairs, action leaders and work group representatives
    - Complete Survey
  - HEAL Workgroup
  - Upcoming meetings/dates
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# Agenda

# Review of Roles

**Sheila Carrette**  
*HAAC Coordinator*

**Krystle Coldiron**  
*Director, Office of Assessment and Planning*

## Subject Matter Experts

**Sandy O'Neill**  
*Director, Behavioral Health Services*

**Adrienne Mickler**  
*Executive Director,*  
*Anne Arundel County Mental Health Agency*



# Top Priorities From Last Meeting

## Better communication strategy

- How do people know where to find help?
- What about help for very specific issues like black male trauma or COVID-related depression

## Need for **variety** in types providers

- Community-based programs
- Peer led programs

## Providers **representative** of the community

- Need for increase in providers from various races and ethnicities, and those who speak different languages

# Anne Arundel County Network of Care Overview

FIND AGENCIES, PROGRAMS, OR FACILITIES NEAR YOU

What are you looking for?



Zip Code

SEARCH

OR View Categories

ANNOUNCEMENTS

[Resource Quick Guide](#)



Needle Exchange

Zip code



Needle exchange sites and organizations allow for the safe handling and disposal of used syringes, while allowing for persons to acquire clean needles in order to reduce the risk of communicable diseases like HIV or Hepatitis C.

[Safe Needle Disposal Resources](#)

[North American Syringe Exchange Database Map](#)



Drug Disposal

Zip code



Drug disposal sites and organizations allow for the safe handling and disposal of unneeded prescription drugs. Below are resources for locating drug disposal locations and information.ac

[USDA Unused Medicine Disposal](#)



Naloxone Prescribing Pharmacies

Zip code



Naloxone is a life-saving medication that can reverse the effects of an opioid overdose. Find a pharmacy that can prescribe Naloxone.

[National Harm Reduction Coalition](#)

[Get Naloxone Now](#)



# Goal #1: *A communication strategy for mental wellness*

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**Action:** Promote the Anne Arundel County Network of Care through the development and implementation of a **communication strategy that effectively informs the community** of the network

- Should help the community understand what the Network of Care is, how it can be accessed, and what resources can be found by using it.
- Consider different populations in the county (ages, races, geographical locations, etc.)
- Should account for those who may not have internet access, any literacy barriers, etc. (where do I call for info, etc?)



## **Goal #2: *Enhancing the Anne Arundel County Network of Care***

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**Action:** Create a more robust Network of Care by **engaging providers**

- Develop a list of partners in the different areas of the county and find out what population they serve.
- Connect with partners that are in the network and communicate with them about updating their network profile. Ensure that they update all elements and keywords (location, accepted payment methods, race, etc.)
- Reach out to providers that aren't on the list and assist them in signing up.
- Actively recruit providers from various races, ethnicities, and to become part of the network.
- Provider communications may possibly be handled using temporary human resources like county youth programs, or interns, etc.



## Goal #3: *Community Engagement*

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**Action:** **Recruit community members** (community leaders, business owners, etc.) to join the coalition and actively engage in MWWG actions

- Determine what community mental wellness voices/partners are missing in the coalition? How do we reach out and engage these members so that they are involved in HAAC's mental wellness work?
- Gather community feedback about the Network of Care. What do people need? What would make it easier to find? Etc.
- Perform a gap analysis of the Network of care. What's missing? What would make it easier for community to search for providers? What types of providers and community-based assistance should we add to the group?



**Questions?**  
**Comments?**  
**Concerns?**



# Healthy Anne Arundel Coalition Workgroup Chair Responsibilities

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- Leading the committee and assisting with the advancement of the subcommittee's work by creating deadlines, monitoring progress, and reviewing any work plans, as needed.
- Document and share meeting attendance and minutes.
- Attend community and Guiding Coalition meetings and report activities of the work group to the community membership and the Guiding Coalition.
- Ensure that all subcommittee and work group initiatives align with coalition goals.
- Assign roles and responsibilities to willing subcommittee members.

Est. time  
commitment:  
**10 hours**  
per month

# HEALTHY ANNE ARUNDEL COALITION HEALTHY EATING ACTIVE LIVING (HEAL)

Join the HEAL workgroup's first meeting!

JUNE 17, 2021

12:00 PM

VIRTUAL WORKGROUP MEETING

Zoom information: [tinyurl.com/HAACHEAL](https://tinyurl.com/HAACHEAL)

This workgroup will focus on food security, increasing community access to active living programs, diabetes education, and more!

If you have questions, contact us at [healthyannearundel@aacounty.org](mailto:healthyannearundel@aacounty.org)



# Upcoming Meetings

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**June 17**

HEAL Kickoff Meeting

**June 28**

Community Meeting

**July 14**

Next MWWG Meeting

