healthy ANNE ARUNDEL COALITION

The Healthy Anne Arundel Coalition is a collaboration among county leaders who recognize that health is an important issue impacting the physical, mental, and environmental aspects of life for all who live, work, and play in Anne Arundel County.

GUIDING COALITION LEADERSHIP

Anne Arundel County Executive Steuart Pittman and the Anne Arundel County Department of Health announced the departure of Health Officer Dr. Nilesh Kaylanaraman to assume the role of Deputy Secretary for Public Health Services at the Maryland Department of Health. Dr. Kalyanaraman's last day was March 21, 2023. Under his leadership, the Department of Health relaunched the Healthy Anne Arundel Coalition to address community identified health priorities.

Dr. Tonii Gedin was appointed as Anne Arundel County's Acting Health Officer and began in this role on March 23, 2023. Dr. Gedin joined the Anne Arundel County Department of Health in May of 2020 as the Deputy Health Officer of Public Health with a Masters in Community and Public Health Nursing and a Doctorate in Nursing Practice. Her work over the past 16 years has focused on removing barriers to care, and creating systems that increase health equity and improving outcomes.

The Healthy Anne Arundel Coalition is grateful for the leadership and experience that Dr. Gedin adds to our team!

To view the Healthy Anne Arundel community events calendar, use the QR code or go to HealthyAnneArundel.org/events

MENTAL WELLNESS WORKGROUP

Purpose: Improving mental wellness for all.
Co-chair: Tameka Smith
Anne Arundel County Office of the County Executive
Co-chair: Ann Hoyt
Anne Arundel County Mental Health Agency

May is Mental Health Awareness Month. Green is the color that symbolizes mental health awareness. We would like to know how you embrace your mental health. Take a selfie (wear green if possible) and share using the QR code below or www.https://www.aahealth.org/be-green-be-seen/. This will be posted on social media, so it is up to you if you want to include your face.

#BeGreenBeSeen

**Wear green for mental health awareness and end the stigma**

Local organizations are encouraged to "light up green", along with Anne Arundel Medical Center, Baltimore Washington Medical Center, Annapolis City Hall, and many others in support of Mental Health Awareness Month.

The next Mental Wellness Workgroup meeting is in person on June 14th to plan for our work over the next year.

If you are interested in being a part of one of our dynamic workgroups, email HealthyAnneArundel@aacounty.org or call 410-222-7405 for more information.

HEALTHY ANNE ARUNDEL DAY WAS APRIL 7, 2023!

Most of the major causes of death in Anne Arundel County are preventable, manageable, or improved upon with diet and exercise. Healthy Anne Arundel celebrates local organizations that encourage healthy activities and choices that support healthy lifestyles. Local organizations participated by hosting 25 activities and events during the weeks before and after April 7th that involved at least 2 of the following:
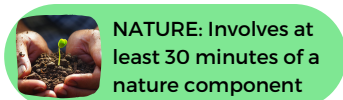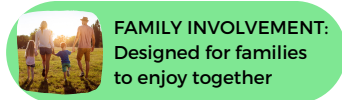
NATURE: Involves at least 30 minutes of a nature component
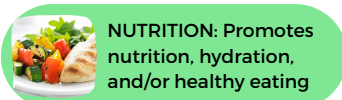
NUTRITION: Promotes nutrition, hydration, and/or healthy eating
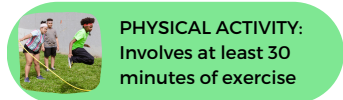
PHYSICAL ACTIVITY: Involves at least 30 minutes of exercise

FAMILY INVOLVEMENT: Designed for families to enjoy together

Healthy Anne Arundel Coalition proudly thanks the following organizations that held free healthy eating and active living events for **#HealthyAnneArundelDay**

Anne Arundel County Public Library
Anne Arundel County Recreation and Parks
Chesapeake Children's Museum
Giant Food
Merritt Health Clubs
MY Fitness
Severna Park Racquetball & Fitness Club
Tennis Alliance of Anne Arundel County

HEALTHY EATING AND ACTIVE LIVING WORKGROUP

Purpose: Promoting positive lifestyle habits.
Co-chair: Ann Heiser Buzzelli
Anne Arundel County Department of Health
Co-chair: Mizetta Wilson
The Partnership for Children, Youth, and Families

FindHelp.com is an online platform for health and wellness resources. Healthy Anne Arundel is using this platform to expand the existing database of programs and services offered throughout the county. The HEAL workgroup is collecting resources to share on this platform and developing a plan to share these resources with the community. Our goal is to make Healthy Anne Arundel the home for health-related resources in the county.

If you know of any resources, such as programs or services to add to our database, please us the submission form in the QR code. Contact us at HealthyAnneArundel@aacounty.org or call (410)-222-7405.

To submit resources, programs, and services, use the QR code or go to https://forms.gle/KGsVwvzPJoozmTXj9.

The next HEAL meeting is in person on May 18 at 12:30pm to plan for our work over the next year.

GUIDING COALITION MEMBER ORGANIZATIONS

- Anne Arundel County Department of Health
- Anne Arundel County Mental Health Agency
- Anne Arundel County Police
- Anne Arundel County Council
- Kingdom Alliance Church
- Anne Arundel Economic Development Corporation
- MedStar Harbor Hospital
- University of Maryland, Baltimore Washington Medical Center
- Heritage Community Church
- Bay Community Health
- Anne Arundel County Fire Department

- Anne Arundel County Community Action Agency
- Annapolis Office of Emergency Management
- Anne Arundel County Public Schools
- Partnership for Children, Youth & Families
- Chase Brexton Health
- City of Annapolis
- Anne Arundel Coutny Public Libraries
- Anne Arundel County Department of Social Services
- Total Health Care
- Annapolis City Police Department
- Luminis Health, Anne Arundel Medical Center
- Office of the County Executive Anne Arundel County
- Anne Arundel Connecting Together

VISION
All people have the knowledge, resources and equitable access to care to improve their own health and well-being.

VALUES
• Equity
• Cultural relevance
• Prevention
• Quality and length of life
• Collaboration

MISSION
Working together to remove barriers and create optimal conditions that improve the health and well-being of all people, focusing on people impacted by health inequities.