



# Healthy Eating Active Living (HEAL) Workgroup

November 18, 2021



Anne Arundel County  
Department of Health

**12:00 – 12:05 pm**

**Welcome and Agenda Review**

- Introduce any new members
- Meeting Outcomes

**12:05 – 12:45 pm**

**Workshop: Advancing Our Prioritized Strategies**

- Expand, improve and distribute a public facing resource map
  - [Anne Arundel County Department of Health Food Resources](#)
  - What's missing?
  - What additional categories should our HEAL resource map include?
- Establish and deepen partnerships to ensure nutrition education is consistent
  - What partners should we be engaging with? Think about both traditional and non-traditional partners.
  - What existing resources could we leverage to advance our work?
- Engage community members in nutritional education and physical activities
  - Distribute a survey to gather feedback on what types of initiatives work in the community and confirm community needs – what questions do we want to ask the community?

**12:45 – 12:50 pm**

**What's Next**

- Updates, asks and offers
- Confirming Action Items
- Upcoming meetings/dates
  - HEAL – January 20, [2022](#) | 12:00 – 12:50 pm

# Agenda

# **Workshop:** Advancing Our Prioritized Strategies

- **Expand, improve and distribute a public facing resource map** (Anne Arundel County Department of Health Food Resources)
  - What's missing?
  - What additional categories should our HEAL resource map include?
- **Establish and deepen partnerships to ensure nutrition education is consistent**
  - What partners should we be engaging with? Think about both traditional and non-traditional partners.
  - What existing resources could we leverage to advance our work?
- **Engage community members in nutritional education and physical activities**
  - Distribute a survey to gather feedback on what types of initiatives work in the community and confirm community needs – what questions do we want to ask the community?



# What's Next?

- Updates, asks and offers
- Confirm action items
- Next HEAL Meeting:  
January 20, 12 – 12:50 pm

Contact:  
[healthyannearundel@aacounty.org](mailto:healthyannearundel@aacounty.org)

