

**Healthy Anne Arundel Coalition - HEAL Work Group Meeting
June 17th, 2021
Meeting Minutes**

Welcome and Agenda

- Introductions
 - Coalition is under the office of assessment and planning at the Anne Arundel Health department

Group Overview

- Address negative lifestyle habits that lead to diabetes
- Goals:
 - Increase community access to nutritious foods
 - Increase community access to active living opportunities
 - Educate community on risks for diabetes
 - Create partnerships with HEAL partners
- What are others doing?
 - Prince George's fresh- Dr. can prescribe fresh foods
 - Giant foods partnership
 - Go For Bold in Washington County
 - Lose 1 million pounds as a county by 2030

Tackling HEAL in Anne Arundel County- Data Review

- Data can help identify gaps and areas of importance
- Leading causes of death in the county:
 - Across races heart disease and cancer are top two causes of death
 - Cerebrovascular disease
 - Diabetes
- Diabetes: between 2015-2018 the rate of diabetes-related ED encounters increased 8.3% by Black/African Americans and 9.0% by Whites, though the rate is consistently and substantially higher for Blacks than Whites (3x higher).
- Food environment: many geographic disparities that lead to lack of access to healthy foods
- Obesity: disparate impact on black residents of Anne Arundel County
 - Black residents in Anne Arundel county have significantly higher rate of obesity when compared to White residents, the county, and the state of Maryland.

Break out groups

- What HEAL-related gaps exist in the county?
- What are the top priorities the group should address in the next year?

[Group 1 Notes](#)

[Group 2 Notes](#)

[Group 3 Notes](#)

What's Next?

- **Action item:** come up with common themes and action items
 - Synthesize information that came out of the work groups
 - Chose three areas for subcommittees
 - Identifying Healthy Anne Arundel Coalition Workgroup Chair
 - Expected time commitment ~10 hours/week
- **Action item:** [Registration](#): please complete
- Upcoming meetings
 - June 28: Community Meeting
 - July 22: Next HEAL Meeting, 12pm
- Please email healthyannearundel@aacounty.org with any questions, or to volunteer for duties within the HEAL workgroup