



Healthy Eating Active Living (HEAL) Workgroup

March 17, 2022



Anne Arundel County
Department of Health

12:00 – 12:05 pm	Welcome + Outcomes (Kristin/Alexis) <ul style="list-style-type: none">• Welcome and roster update<ul style="list-style-type: none">◦ HEAL registration form for new attendees• Connections Exercise – share a bit of joy you have experienced or witnessed in your community.• Today's Discussion & Introducing new Co-Chair
12:05 – 12:15 pm	Communications Overview (Alexis) <ul style="list-style-type: none">• Introducing the new HAAC website and quarterly newsletter
12:15 – 12:40 pm	Implementing Our Prioritized Strategies & Delegating POCs (Alexis) Reference: Action Plan <ul style="list-style-type: none">• Discuss public facing resource map to identify what resources exist in the county - building upon existing map resources vs. new creation <i>Examples: county food resource map and library resource site</i>• Establish and deepen partnerships to ensure nutrition education is consistent throughout the county• Engage community members in nutritional education and physical activities• Former tactics brainstorm.doc
12:40 – 12:50 pm	What's Next (Kristin/Alexis) <ul style="list-style-type: none">• Updates, asks and offers• Spring Community Meeting (April 20)• Confirming Action Items• Upcoming meetings/dates<ul style="list-style-type: none">◦ May 19, 12 – 12:50 pm

Agenda



Newsletter | Winter 2022



Let's Get Moving - Together

There are multiple ways you can participate including joining a work group, attending our Spring Community meeting, and sharing health information and resources with other county residents. Please email us at healthyannearundel@aaacounty.org to get connected to one of our work groups or for additional information about our Coalition.

The start of a new year is a time for hope and optimism. In that spirit, our Healthy Anne Arundel Coalition is ready to make progress on the vital health issues our community has prioritized in our [community's plan for a healthy Anne Arundel](#) (see inside). As we continue our fight against Covid-19, we have important work to do this year to address leading causes of illness and death including mental health and substance use disorders, obesity, diabetes and access to health care. Addressing these health issues will improve our lives and the health of our communities.

FACT The average life expectancy of our neighbors living in the Northern tip of Anne Arundel County is 15 years shorter than for neighbors living in parts of Arnold.

Where you live should not affect how long you live. As a community, we can and will do better.

Who are we?

The Healthy Anne Arundel Coalition is a group of people who live and work in Anne Arundel County collaborating with local decision makers and community partners to improve health for all. Our mission is to remove barriers and create optimal conditions that improve the health and well-being of all people, focusing on people impacted by health inequities.

We're launching this newsletter to keep everyone updated. In this first issue, we share what HAAC has accomplished the last two years and what's on deck for 2022. In future issues, we'll highlight local resources to help you and your family stay healthy.

Communication Updates



www.HealthyAnneArundel.org


Launch Date: February 28

Visits	Unique Visitors	Page Views
218	186	431

214 visits from the US since launch



- 1 visit from Busan, Korea
- 1 visit from Dublin, Ireland
- 1 visit from Bayern, Germany
- 1 visit from Noord-Holland, Netherlands




Vision

All people have the knowledge, resources and equitable access to care to improve their health and well-being.

Mission

Working together to remove barriers and create optimal conditions that improve the health and well-being of all.



Implementing Our Prioritized Strategies

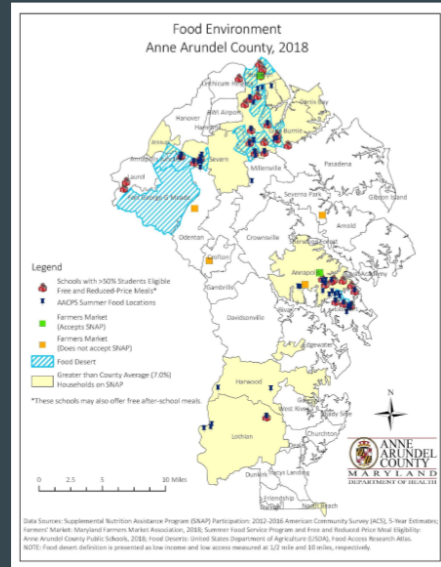
Education and Access

- Public-facing resource map to identify what resources exist in the county - building upon existing map resources vs. new creation
- Establish and deepen partnerships to ensure county-wide nutrition education
- Leverage community-based organizations (i.e., schools, food banks, faith) as information hubs and resource distribution sites

Status	Strategies and Actions	Lead(s)
	Goal 1 Education and Access	
	1. Expand, improve and distribute a public facing resource map to identify what resources exist in the county	
Working on it	Review https://www.health.org/food-resources , with an eye towards what's missing	All
Working on it	Create a google sheet to capture missing resources	HD
	Send document link to HEAL network to distribute to partners	All
	Partnership - food around the county, North County	Migetta
	South County Resources	Christina Harrison
	1.2 Divide needs into categories (healthy food, places to walk, sleep information)	Anne Thomas
	Reach out to partners in the google doc to determine how often services are being provided	
	Create the literature to go out to partners to share with community members	Anne Thomas
	1.3 Determine platform and reduce map duplication	
	Distribute the resource map to partners to share	Elizabeth Bray
	2. Establish and deepen partnerships to ensure nutrition education is consistent throughout the county	
Working on it	2.1 Identify partners (traditional and non-traditional) and utilize partner resources that already exist	
	Place informational pamphlets and videos in waiting rooms at doctors' offices	
	Collaborate with Master Gardeners to teach nutrition and show community members how to grow fresh foods	
	2.2 Engage community members in nutritional education and physical activities (see Make Health Happen)	
	Distribute a survey to gather feedback on what types of initiatives work in the community and confirm community needs	
	2.3 Emphasize on the importance of sleep?	
	2.4 Leverage community based organizations (i.e., schools, food banks, faith) as information hubs and resource distribution sites	
	Embed food education into the school's curriculum	
	Reach out, age-appropriate nutrition education for students	

Existing Resource Maps & Listings

The screenshot shows the website for the Johns Hopkins Center for a Livable Future. The main heading is "The Maryland Food System Mapping Resource". Below the heading is a map of Maryland with various colored regions indicating different food system characteristics. The website includes navigation menus for "APPLICATED SITES", "NEWS", "EVENTS", "EMPLOYMENT", "SUBSCRIBE", and "CONTACT".



Existing Resource Maps & Listings

The screenshot displays the Anne Arundel County Public Library website. At the top, there is a navigation bar with the library logo, "Locations & Hours", "Donate", and "My Account" buttons. Below this is a search bar with the text "Keywords, Title, Author, and more!". The main content area features a "COMMUNITY RESOURCES" section with a "Filters" sidebar and several resource cards, including "Anne Arundel County Food Bank" and "Anne Arundel County Partnership for Children, Youth, & Families Resource List". A "Brooklyn Park Library" announcement is also visible. On the right side, there is an interactive map titled "Food Distribution Locations" with a search box and a legend. The legend includes categories like "Senior Centers", "Mobile Sites", "School Sites (Meals for children ages 2 to 18)", and "Pantries on the Go". The map shows various colored markers across the county's geography.

Existing Resource Maps & Listings

The screenshot shows the "Park Finder - Home" page from the Anne Arundel County Recreation & Parks website. The page features a "PARK FINDER" logo and a welcome message: "Welcome to Anne Arundel County's Park Finder Application. Please use the following search tools to find County park resources." Below the message are four search options: "Find Parks Near Me", "Find Parks by Activity", "Search for Park by Name", and "Print Map". The right side of the page is dominated by a map of the county with numerous green circular markers indicating park locations. The map includes labels for various landmarks such as "U.S. Army Fort George G. Meade", "Patuxent Environmental Showcase Center", and "Patuxent Research Refuge". A scale bar at the bottom of the map indicates a distance of 6 miles.

Existing Resource Maps & Listings

aafoodbank.org/wp-content/uploads/sites/7/2022/02/Anne-Arundel-County-Food-Pantry-List.pdf

Link2Feed

Food Pantry List 040220-4.xlsx

1 / 5 100% +

ANNE ARUNDEL COUNTY FOOD BANK

(Preguntas) Llame a Retir del Banco de Alimentos del Condado de Anne Arundel al 410-923-4255

NAME / Nombre	ADDRESSES / Direcciones	CITY / Ciudad	PHONE / Teléfono	DAYS OPEN / Días abiertos	TIMES OPEN / Horarios abiertos
Annapolis Seventh Day Adventist Church	1996 Generals Highway	Annapolis	410-266-8887	Sa	
Asbury Broadneck United Methodist	657 Broadneck Road	Annapolis	410-757-2995	Monday	
Asbury West Street United Methodist	87 West Street	Annapolis	410-268-9500	Monday	
Blessed Tech (gro mayor res center)	273 Hilltop Ln	Annapolis	410-263-7958	F	
Eastport United Methodist Church	926 Bay Ridge Avenue	Annapolis	410-263-5490	3rd Saturdays	
First Baptist Church Of Annapolis	31 West Washington Street	Annapolis	410-268-5532	Sa	
Heritage Baptist Church	3740 Forest Drive	Annapolis	410-263-6680	Tu	
West Annapolis Pantry	730 Ridgely Avenue	Annapolis		2nd and 4th	
Salvation Army	951 Hilltop Lane	Annapolis	410-263-8091	Tu	
St Luke's Episcopal Church	1011 Bay Ridge Avenue	Annapolis	410-268-5419	Tu	
West Annapolis @ Tyler Heights Elementary	200 Janwell Street	Annapolis		Sat	
Blessed Tech @ Tyler Heights Elementary	200 Janwell Street	Annapolis		3rd Thurs	
My Brother's Pantry	301 College Parkway	Annapolis	410-757-5190	3rd week	
Bay Brook Elementary School	4302 Tenth Street	Brooklyn Park		2nd Frida	
Brooklyn Community Center	4140 Tenth Street	Brooklyn Park		4th Frida	
Brooklyn Park Healthy Food Pantry	196 Hammonds Lane	Brooklyn Park	410-222-1020	Tu	
Foodbank Operations Center (Closed)	4882 Curtis Bay Drive	Curtis Bay	410-263-6770	Monday thru	

MARYLAND FOOD BANK

WAYS TO GIVE + HUNGER IN MARYLAND + ABOUT +

Location Name Address/Phone Hours Distance Away

Brooklyn Park Healthy Food Pantry

196 Hammonds Ln, Brooklyn Park, MD 20725, USA

Phone: 410-222-1020

Hours open: This pantry is open Thursdays from 4 to 6 p.m.

Driving Distance: 0.5 mi

Get directions

Driving Distance: 1.0 mi

What's Next?

- Confirm action items
- Next HEAL Meeting: May 19, 12 – 1 pm
- Spring Community Meeting: April 20. 6:00 pm -7:30 pm

Contact:
healthyannearundel@aacounty.org



HEAL Work Group Meeting

March 19, 2022 | 12:00 – 12:50 pm

Join Zoom Meeting

<https://aacounty.zoom.us/j/83146470215?pwd=ZHhTU3NldHdvTTILNWw3NFdWNVWg0QT09>

Meeting ID: 831 4647 0215

Passcode: iBKB@#W0

12:00 – 12:10 pm

Welcome + Outcomes (Alexis)

- Welcome and Introductions
 - Connections Exercise – What is one movie or book that you think everyone should read or see?
 - Spring Community Meeting readout
 - Today's Discussion
-

12:10 – 12:20 pm

South County Community Food Assessment (Ann)

- Overview and purpose
 - Community & stakeholder engagement
-

12:25 – 12:40 pm

Whose in the Room? Series Introduction (Alexis/Mizetta)

- [Re]Introducing Mizetta Wilson
 - Community of Hope
-

12:40 – 12:50 pm

What's Next (Kristin/Alexis)

- Looking Ahead: HEAL [Action Plan](#) Refresh
 - Updates, asks and offers
 - Confirming Action Items
-