

Mental Wellness Workgroup

March 8, 2023



Anne Arundel County
Department of Health



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Agenda

Welcome and Agenda Review

- Introductions + New Members
- Community Outreach Events & Resources

9:15 – 9:35 pm

Mental Health Month

- County Executive's proclamation
- Lighting up green
- #BeGreenBeSeen campaign
- Mental Health Month Events

9:35 – 9:50 pm

Behavioral Health Roadmap

- Sandy O'Neill

9:50 – 10:00 pm

What's Next

- Updates, asks, and offers



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Thank you!

- **Confirming Action Items**
- **Asks, Offers, Updates**

HealthyAnneArundel@aacounty.org

<https://www.healthyannearundel.org/>



<https://www.facebook.com/HealthyAAC>

Next Workgroup Meetings (2023):
June Retreat

Mental Health Work Group Meeting

March 8, 2023 | 9:00 – 10:00 am

Zoom Information:

<https://aacounty.zoom.us/j/82336859926?pwd=SUV3OGNEL2FZRXhDWjVUUUIWTmNTQT09>

Meeting ID: 894 2303 9315

Passcode: 4vmTAD&v

Welcome and Agenda Review

- Introductions + New Members

Mindi Garrett (DOH), Denise Williams (NLASA), Tameka Smith (CE), Donna Perkins (DOH), Donna Phillips (AAMC), Sarah Stein (Aging), Kiara Logan (BWMC), Phoebe Forman (BWMC), Darin Ford (DOH), Corynna Limerick (DOH), Diane Benner (AACPL), Ryan Voegtlin (AACPS), Kristin Coleman (DOH), Sara Schmidt (DOH), Lisa Helms (DOH), Eric Sullivan (Uneo Health), Shavon Wilson (DOH), Dr. Shawn Ashworth (AACPS), Adrienne Mickler (MHA), Ann Hoyt (MHA)

- Community Outreach Events & Resources

Mindi will send out a list of events already on the HAAC calendar. The goal is to populate the calendar and the Mental Health Awareness Month landing page with community events throughout May.

Mental Health Month

- County Executive's proclamation

Tameka sent a PDF of the official proclamation for May as Mental Health Awareness Month. CE Pittman will make a video of the proclamation for the Be Green, Be Seen campaign.

- Lighting up green

Arundel Center, Annapolis City Hall, Gorman St. lighting up. (Mayor Buckley, Gov. Moore have not confirmed)

- #BeGreenBeSeen campaign

Submission link is active. Suggestions made to have a banner, sign, or frame that people can take a selfie with. Look for events (such as races) to have a sign there. Suggestion to have people saying "be green, be seen" in other languages.

- Mental Health Month Events

NAMI Walk, Baltimore. Prosper Wellness app. West County mental health program (details to come from Dr. Ashworth). Community Health Ambassadors exploring opportunities to support mental health events. Sextortion presentation at Meade HS (Ryan sent the flier). SOS evening program for families: Meade Middle, MD City Elem. Children's Mental Health Week 1st week of May. My Life Resource Fair.

Potential partners for campaign promotion: Public Schools, Libraries, Ellie's Bus, Parenting for a Different World, Burgers & Bands, Fort Meade Alliance, Chesapeake Children's Museum, Park & Recs, Fort Meade Resiliency Center

Behavioral Health Roadmap

- Sandy O'Neill

LBHA plan shared. Survey link <https://surveyhero.com/c/lbha>

Feedback included suggestions of how to promote resources to populations that need them: info boxes in neighborhoods- give and take information in the languages spoken there. Link to a map of free libraries <https://littlefreelibrary.org/map/>

The group would like to see short-term goals and a live dashboard to track progress.

What's Next

- Updates, asks, and offers
 - List of Mental Health Awareness Month events, ask for additional events for the calendar and landing page.
 - Share PDF of the County Executive's proclamation.
 - Decide on a date in June for the Workgroup retreat for strategic planning.
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