"Our food should be thy medicine, and our medicine be thy food."

-Hippocrates

healthy ANNE ARUNDEL COALITION

Healthy Eating, Active Living (HEAL) Workgroup

November 17, 2022

Anne Arundel County
Department of Health

12:00 – 12:10 pm	**Welcome + Outcomes**
	• Welcome, Introductions + New Members
	• Connections Exercise – *If you were unanimously elected mayor, what would be your first course of action?*
	• Agenda Overview
	• Community Outreach Events & Resources
	○ **Thanksgiving Food Giveaway** - 11/19 10a-12:00 pm - First Mt. Olive Freewill Baptist Church, Linthicum
	○ **Poverty Amidst Plenty VII**: Moving Forward Together Needs Assessment
12:10 – 12:15 pm	**HAAC Updates + Follow Up**
	• Update on Carefirst grant/FindHelp
	• Access to Care Priority Jamboard
12:15 – 12:40 pm	**Performance Measures – How we'll measure progress and hold ourselves accountable**
	• Select 1 of the 3 results that aligns most closely with your organization's work. Brainstorm performance measures that answer
	○ How much did we do?
	○ How well did we do it?
	○ Is anyone better off?
12:40 – 12:50 pm	**What's Next**
	• Looking Ahead: holiday season + cold weather impacting access
	• Updates. asks and offers

Welcome and Overview

Thank you!

- **Confirming Action Items**
- **Asks, Offers, Updates**

healthyannearundel@aacounty.org
https://www.healthyannearundel.org/

https://www.facebook.com/HealthyAAC

Next Workgroup Meetings (2023):
January 19
March 16
May 18

HEAL Work Group Meeting

November 17, 2022 | 12:00 – 12:50 pm

Join Zoom Meeting
https://aacounty.zoom.us/j/87060531917?pwd=M3dWc29mTGNheTZWRXloSmF2QTd4QT09
Meeting ID: 870 6053 1917
Passcode: vf.z*9QN

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Results Based Accountability

Performance Measures:

	Quantity	Quality
Effort	How much did we do?	How well did we do it?
Effect	Is anyone better off? #	Is anyone better off? %

DUE·EAST
PARTNERS

Population Accountability (City, County, State Nation) **vs.** **Performance Accountability** (Program, Agency, Service System)

Population Accountability has two parts:
- *Result or Outcome* - A condition of well-being for children, adults, families or communities (i.e., **Improved quality of life and life expectancy) "In a perfect world…."**
- *Indicator* – A measure or data point which helps quantify the achievement of a result (i.e., % of the population who lack adequate access to food)

Performance Accountability is a measure of how well a program, agency or service is working. There are three types of measures:
1. *How Much Did We Do?* - # of farmer's markets held in Anne Arundel County
2. *How Well Did We Do It?* - % of farmer's markets held in food desserts
3. *Is Anyone Better Off?* - # and % of residents reporting adequate access to food

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How do we evaluate our performance?

	QUANTITY	QUALITY
EFFORT	**How Much We Do** How much service did we deliver? # Customers served # Services/Activities	**How Well We Do It** How well did we do it? % Services/activities performed well
EFFECT	**Is Anyone Better Off?** What quantity/quality of change for the better did we produce? #/% with improvement in: Skills Attitudes Behavior Circumstances	

Result	All communities are healthy and safe
Indicators	- Rate of type II diabetes in Anne Arundel County residents # of Suicide and Intentional Self-Inflicted Injuries ED encounters

Performance Measures		
How much did we do?	How well did we do it?	Is anyone better off?

Result	Improved physical and mental health and well-being
Indicators	● Rate of Suicide Mortality and Attempts ● # of ED Encounters for Behavioral Health Conditions in Anne Arundel County ● # of suicide risk assessments for students ● # of Opioid overdoses

Performance Measures		
How much did we do?	**How well did we do it?**	**Who benefited/Who did this not work well for**

Result	Improved quality of life and life expectancy		
Indicators	● % of the population who lack adequate access to food ● % of individuals classified as overweight or obese		
Performance Measures			
How much did we do?	How well did we do it?	Is anyone better off?/Who benefits/Challenges	
# of people accessing food banks (county/local orgs/MD)			
-Food Systems Mapping (Center for a Liveable Future) -Planning & Zoning		Notes: Changes in demographics/barriers to these communities -Pantry data (Mizetta/Susan) -Dept of Aging data -Peds data Future: UM BWMC SDH + patients PE/BMI testing	