



# Mental Wellness Workgroup

September 14, 2022



Anne Arundel County  
Department of Health

9:00 – 9:15 am	<p><b>Welcome and Agenda Review</b></p> <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Agenda Overview</li> <li>• Community Outreach Events Updates             <ul style="list-style-type: none"> <li>◦ "Out of the Darkness" Walk, 9/17: <a href="https://supporting.afsp.org/index.cfm?fuseaction=donorDrive.team&amp;teamID=292464">https://supporting.afsp.org/index.cfm?fuseaction=donorDrive.team&amp;teamID=292464</a></li> <li>◦ Diabetes Expo</li> <li>◦ <a href="#">Show Us Your Sign</a>/National Recovery Month</li> <li>◦ <b>Reminder:</b> Opioid Overdose Response <a href="#">Training</a></li> </ul> </li> </ul>
9:15 – 9:25 pm	<p><b>Access to Care Group Priorities</b></p> <ul style="list-style-type: none"> <li>• Review/continuation of barriers to mental health care/services from last meeting (<a href="#">jamboard</a>)</li> </ul>
9:25 – 9:40 pm	<p><b>Network of Care Promotion</b></p> <ul style="list-style-type: none"> <li>• Communication Strategy / Promotion of Anne Arundel County Network of Care (Community Engagement)             <ul style="list-style-type: none"> <li>◦ Coordinating direct outreach to the most vulnerable/least connected</li> <li>◦ Joint letter from superintendent &amp; Health Officer on behavioral/mental health resources for guardians/Connect Ed phone call</li> </ul> </li> <li>• What resources will we need to achieve our goal?</li> </ul>
9:40 – 9:50 pm	<p><b>What's Next</b></p> <ul style="list-style-type: none"> <li>• Fall Community Meeting</li> <li>• 2022 Behavioral health Providers Symposium <a href="#">Registration</a></li> <li>• Updates &amp; Shares</li> </ul>

# Agenda

WHEN WE RECOVER LOUDLY, WE KEEP OTHERS FROM DYING QUIETLY

**SHOW US YOUR SIGN**

SEND TO SHOWYOURSIGN@AACOUNTY.ORG

MILLIONS OF PEOPLE ARE THRIVING IN RECOVERY TODAY

WHEN WE SHARE OUR FACES AND OUR VOICES WE SHARE HOPE

Homeless to Homeowner

I AM NOT ALONE

Heartache has turned into Happiness

There is power in community

I AM RECOVERY

RECOVERY IS MY FUTURE AND MY LIFE

WIFE, MOTHER, DAUGHTER, NURSE

JOIN OUR  
*Out of the*  
**DARKNESS**  
COMMUNITY

# Community Outreach Updates

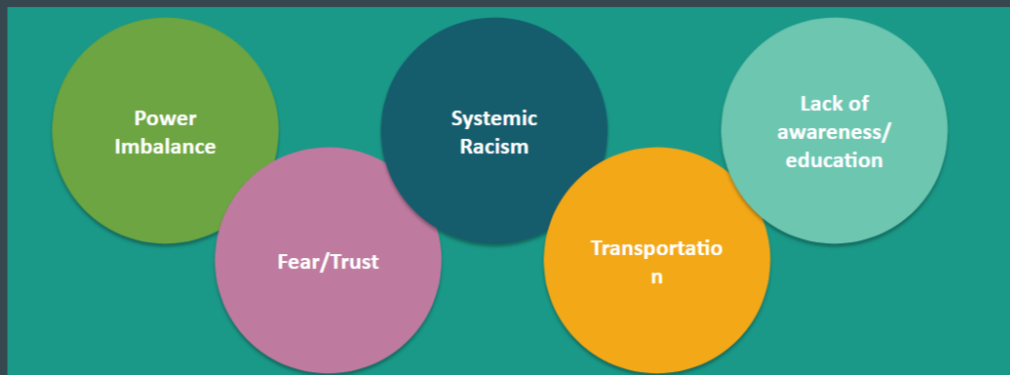
**Note: Opioid Overdose Response Training is now VIRTUAL!**  
Virtual community training will be available from 10 a.m. to 11 a.m. EVERY SECOND Tuesday and Thursday of each month.



The Anne Arundel County Department of Health's System, Training, Education and Prevention Services offers free training and a free naloxone kit to community members on the use of intranasal naloxone, a prescription medicine to reverse an opioid overdose and prevent death. The training is for at-risk individuals, family members, friends and the associates of any individual who is using and at risk of overdosing on heroin or prescription pain medications. The training is also for anyone who works with the public and is recommended for treatment, recovery and transitional housing staff. Teens under 18 may take the training if accompanied by a parent or guardian.

[Click Here to Register for a FREE Virtual Opioid Overdose Response Training Session](#)

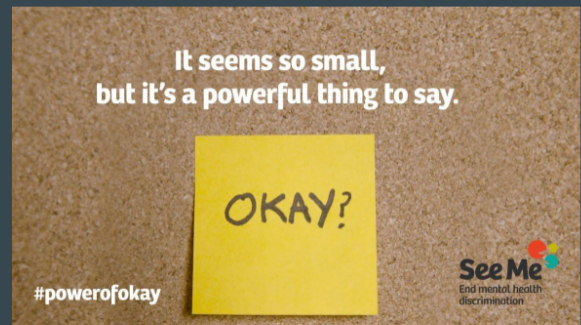
## Access to Care Group Priorities



# Network of Care Promotion

- What is the best way for parents/guardians to get information on what NOC is and how to access it?
- Where is NOC currently marketed?
- Can we leverage our connections and partner organizations within HAAC to help disseminate community education products?

Use a multi-media outreach and education campaign to promote NOC	
2.1	Coordinate direct outreach to the most vulnerable and least connected
2.2	Coordinate a re-launch effort
2.3	Advertisements on buses
2.4	Leverage connections within HAAC to intended audiences
2.5	Utilize NextDoor, Facebook, Churches, Newspaper, Books, 211, Grocery Stores, movie theaters to promote the NOC
2.6	Revamp and simplify the Crisis page on AA County School website
2.7	Create a joint letter from the Superintendent and County Health Officer on behavioral/mental health resources to go out to parents/guardians in a Connect Ed phone call



# 2022 Behavioral Health Providers Symposium



## SESSION TOPICS

- Resilience in Action: A Strength-based Approach to Working with Young People
- Taking Care of Ourselves: Healing the Healer
- Health Equity in Behavioral Health
- and more!

*4 FREE CEUS available*

## What's Next?

- Fall Community Meeting Request
- Asks & Offers

Contact:

[healthyannearundel@aacounty.org](mailto:healthyannearundel@aacounty.org)



# Mental Health Work Group Meeting

September 14, 2022 | 9:00 – 10:00 am

Zoom Information:

<https://aacounty.zoom.us/j/82336859926?pwd=SUV3OGNEL2FZRXhDWjVUUUIWTmNTQT09>

Meeting ID: 894 2303 9315

Passcode: 4vmTAD&v

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**9:00 – 9:15 am**

## Welcome and Agenda Review

- Introductions
  - Agenda Overview
  - Community Outreach Events Updates
    - “Out of the Darkness” Walk, 9/17:  
<https://supporting.afsp.org/index.cfm?fuseaction=donorDrive.team&teamID=292464>
    - Diabetes Expo
    - [Show Us Your Sign](#)/National Recovery Month
    - **Reminder:** Opioid Overdose Response [Training](#)
- 

**9:15 – 9:25 pm**

## Access to Care Group Priorities

- Review/continuation of barriers to mental health care/services from last meeting ([jamboard](#))
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**9:25 – 9:40 pm**

## Network of Care Promotion

- Communication Strategy / Promotion of Anne Arundel County Network of Care (Community Engagement)
    - Coordinating direct outreach to the most vulnerable/least connected
    - Joint letter from superintendent & Health Officer on behavioral/mental health resources for guardians/Connect Ed phone call
  - What resources will we need to achieve our goal?
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**9:40 – 9:50 pm**

## What’s Next

- Fall Community Meeting
  - 2022 Behavioral health Providers Symposium [Registration](#)
  - Updates & Shares
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